

What's happened since 2020?

While most Colorado teens are still not misusing substances...

Household use is up significantly

Four out of ten teens live with someone misusing substances

41% of teens report they are living with someone who has a substance use disorder or is addicted to alcohol or drugs (up from 25% in 2020)

Female teens are more impacted

47%, more than twice the rate reported in 2020 (up from 22%)

Teen use is more likely when living with an adult with a substance use disorder

Teens living in these situations are at least 2x as likely to have misused substances in the past 30 days



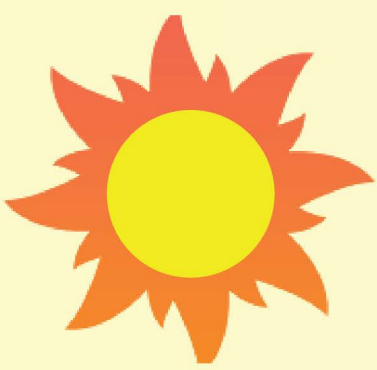
Mental health adds to challenges

Nearly half of teens report living with someone with mental health concerns

46%

4 out of 10 teens who report living with someone with a mental health concern have at least 6 or more challenging mental health days a month

Recent substance use increased among teens who live with someone who is struggling, with a significant increase in marijuana usage



However, most teens have someone to reach out to

84%

Have an adult they can talk to

87%

Feel they can go to their parents for help

Let's help our youth continue to Rise Above

Adult attitudes, habits, and behaviors impact youth. Modeling positive coping strategies and being a trusted adult in a teen's life are powerful protective factors. Our teens deserve access to real, relevant information about substance misuse.



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